

The Recovery Church, Minnesota Recovery Connection, and Hazelden present:

Spring Recovery Speaker Series

March 6, 2012

Delia Jurek – “Coping with Life—Big Book Style”

BRING YOUR BIG BOOK to this session.

Step by step, working Steps 1-9 we acquire new principles which the 12x12 says “prepare us for the adventure of a new life, but when we approach Step 10 we learn to put this AA way of living to practical use, day by day, in fair weather and foul.” Steps 10 and 11 are where we grow. This is what we were seeking all along: A way to deal with life that actually works! Join Delia as we explore how to use Step 10 in an easy and practical way to cope with all the ups and downs of life.

April 3, 2012

JoAnn Campbell-Rice – “Spiritual Progress”

“We claim spiritual progress rather than spiritual perfection” is read at almost every Twelve Step meeting. What does it mean to “claim” our spiritual progress? What does spiritual progress feel like? How does it show up in daily life? What actions keep us moving in that direction? Join JoAnn Campbell-Rice for an inspirational talk about this essential dimension of living in the solution of recovery.

May 1, 2012

Betty Davis-Reynolds – “Let the Journey Continue”

With gentle humor and stirring wisdom, Betty Davis-Reynolds will help us do some spiritual spring cleaning—making room in our lives for fresh insights and continued growth.



Delia Jurek



JoAnn
Campbell-Rice



Betty
Davis-Reynolds

This is a free event

Time: 7:00 p.m.

Where:

The Recovery Church
253 State Street
Saint Paul 55107



The Recovery Church is located just across the river from downtown Saint Paul off Plato Blvd.

Questions? Contact Julia Parnell at 651-233-2080 or via email at Julia@minnesotarecovery.org