



## MINNESOTA RALLYS THE RECOVERY COMMUNITY WITH A TWINS GAME DURING NATIONAL RECOVERY MONTH

**Saint Paul, MN, August 30, 2010**— September 2010 will be the 21<sup>st</sup> annual *Recovery Month* observance by the U.S. Department of Health and Human Services Substance Abuse and Mental Health Service Administration, and the Center for Substance Abuse Treatment (CSAT). *Recovery Month* serves to educate the public on how alcohol and drug addiction is a national health issue, a treatable illness, and that recovery is possible.

In Minnesota, a TWINS game *Recovery Month* event has been held for the past 10 years. This *Recovery Month* event is one of the largest fan groups at a TWINS game each year. This year's event on **Thursday, September 30, 2010**, promises to be an even bigger and more visible event because of the new Target Field!

Our 2010 theme is "**Rally Caps for Recovery.**" 1,465 seats are reserved in our prominent "Rally" sections (329-334). As a recognizable "face and voice" of recovery, Don Shelby (WCCO) will do a 9-minute pre-game presentation where he will speak to all about the reality of recovery for those who suffer from addiction to alcohol or other drugs. Jim Ramstad will throw out a first pitch, and a scoreboard announcement will recognize our group and invite *all* fans to recognize our cause by putting on a "Rally Cap for Recovery" during the 8<sup>th</sup> inning.

Jim Ramstad, Member of Congress from 1991-2009, said "The *Rally for Recovery* gives hope to people suffering from chemical addiction that treatment works and recovery is possible. As a grateful recovering alcoholic of 29 years, I appreciate the Minnesota Twins support of *Recovery Month* to celebrate the promise, strength and joy of recovery."

This event is partially funded by the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration.

Tickets are sold out but "Rally Caps" are available for purchase on the MRC website at [www.minnesotarecovery.org](http://www.minnesotarecovery.org).

For more information contact Nell Hurley, Executive Director, at 651-233-2080, ext. 20 or [nell@minnesotarecovery.org](mailto:nell@minnesotarecovery.org) or visit [www.minnesotarecovery.org](http://www.minnesotarecovery.org).

*Minnesota Recovery Connection (MRC), a 501c3, connects people to a network of resources that support individuals, families, and communities recovering from addiction.*

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