



MINNESOTA CELEBRATES NATIONAL DRUG AND ALCOHOL ADDICTION RECOVERY MONTH IN SEPTEMBER 2010

Saint Paul, MN, July 28, 2010— September 2010 will be the 21st annual *Recovery Month* observance by the U.S. Department of Health and Human Services Substance Abuse and Mental Health Service Administration, and the Center for Substance Abuse Treatment (CSAT). *Recovery Month* serves to educate the public on how alcohol and drug addiction is a national health issue, a treatable illness, and that recovery is possible.

This year’s national *Recovery Month* theme, “Join the Voices for Recovery: Now More Than Ever!” is designed to reach groups who often face times of high stress such as public safety officials, the workforce, older adults, and families. This stress may contribute to or exacerbate alcohol and/or drug use, which can lead to substance use disorder or relapse.

Recovery Month provides a platform to recognize *all* in recovery, including family, friends and the professionals who serve them. Individuals in recovery often go unnoticed by the broader population; therefore, *Recovery Month* provides a vehicle to celebrate and express gratitude for recovery with neighbors, friends, and colleagues. The observance also encourages citizens to take action to help expand and improve the availability of effective treatment for those in need.

Recovery Month events will take place across Minnesota during the month of September and include a Minnesota TWINS game, a Spirituality Breakfast, live concerts, BBQs, speaker events, a kickball tournament, and more. (For more details, please visit www.recoverymonth.gov).

Event	Date	Location	Cost	Contact
Don Coyhis, White Bison – Wellbriety Speaker	September 2, 7:00 pm	Minnesota Recovery Connection, 253 State Street, St. Paul 55107	Free	Nell Hurley, MRC, 651-233-2080
Heartbeat of Recovery	September 4, 11:00 am – 4:00 pm	Minneapolis American Indian Center	Free	Denise Estey Lindquist, DHS, 651-431-2461
Spirituality Breakfast	September 16, 7:30 am	Augsburg College, Mpls	Free	Patrice Salmeri, StepUp, 612-330-1166
TWINS Game	September 30, 7:10 pm	Target Field	\$18 per ticket	Julia Parnell, MRC, 651-233-2080
Film Premiere: “Lost in Woonsocket”	September 23, 7:00 pm	Riverview Theater, Minneapolis	Free	Julia Parnell, MRC, 651-233-2080
Live Concert featuring “No Excuses”	September 25, 1:00-3:00 pm	Black Bear Crossing (Como Park Pavilion)	Free	Nell Hurley, MRC, 651-233-2080
Kickball Tournament	September 25, 4:00-7:00 pm	East Picnic Grounds, Como Park, St. Paul	Free	Monique Bourgeois, ARC, 612-219-9470
Live Concert featuring “Covert Ops”	September 25, 5:00-7:00 pm	East Picnic Grounds, Como Park, St. Paul	Free	Monique Bourgeois, ARC, 612-219-9470

For more information contact Nell Hurley, Executive Director, at 651-233-2080, ext. 20 or nell@minnesotarecovery.org or visit www.minnesotarecovery.org.