



Announcing a Monthly Meeting at The Retreat!

“2nd Wednesdays ~ Relationships as a Spiritual Practice” Unity through the Traditions

~ Open to all 12 Step Fellowships ~

Many of us have found that implementing the principles found in the 12 Steps has helped us with our lives, but not necessarily our relationships. How to live successfully with others can be found within our Traditions. The Traditions are based in unity, which is a cherished quality in the fellowships of AA and Al-Anon. Although originally created to help promote growth and harmony in the group setting, they have been found to be guidelines for our behavior. These monthly meetings will focus on the use and application of the 12 Traditions to heal and enrich all relationships. This is not limited to couples. The ideas and principles used have been found to work for all.

The evening is sponsored by volunteers who have experience with monthly meetings applying the Traditions in Relationships. It is hosted every month by Retreat Staff - Ken S. and Sherry G-S. - who have volunteered to be part of this session.

We are excited to offer this on-going spiritual support for our relationships. Alcoholism and chemical dependency impact everyone who cares about us and we believe these relationships can be healed.

Please join us for the 2nd Wednesday monthly meetings

7:00 p.m. at The Retreat in Wayzata – Lower Level Meeting Room

*Call The Retreat at 952-476-0566 for more information or directions.
See our website www.theretreat.org for a schedule of other monthly meetings held at The Retreat!*