

THE LINK

The Monthly Newsletter of Minnesota Recovery Connection



MINNESOTA
RECOVERY
CONNECTION

connect. recover. advocate. serve.

253 State Street, St. Paul, MN 55107 | p. 651-233-2080 | f. 651-294-8949 | e. info@minnesotarecovery.org | www.minnesotarecovery.org

WHAT'S HAPPENING AT MRC

Events, Workshops, and Trainings at MRC!

There's so much going on at MRC as we work to connect and strengthen the recovery community. Listed here are just a few things you'll want to know about.

Recovery Month Twins Game!

Minnesota Recovery Connection (MRC) presents

Recovery Works! COMMITTEE

Rally (Caps) for Recovery

SEPTEMBER 6, 2011 • 7:10 P.M.
TWINS VS CHICAGO WHITE SOX

Don't delay, tickets are first-come, first-served and will go fast! Deadline for individual, group and sponsorship orders is August 7, 2011.
Order tickets online at <http://minnesotarecovery.org/events/twins.html>

TICKETS MUST BE PURCHASED BY AUGUST 7

For more information about this event, please visit www.minnesotarecovery.org or contact Julia Parnell at 651-233-2080, ext. 22 or julia@minnesotarecovery.org.

A CALL TO ARTISTS

clean II: a turning point

Your Art's Desire Gallery of Art and Framing in collaboration with Minnesota Recovery Connection and the Recovery Works! Committee will be celebrating National Recovery Month in September 2011 with a reprise of their clean show. This year's theme will be a turning point.

We are looking for artists who have been affected by drug or alcohol addiction, who are connected with the recovery community, however they define it, and are actively working towards recovery in their life. This is a juried show and this year we are asking interested artists to create and submit for review, work(s) that specifically explores their experience or interpretation of their turning point towards recovery. *Deadline for submissions is noon on Monday, August 22, 2011.*

Visit www.minnesotarecovery.org to view the complete event flyer.

July 2011

UPCOMING EVENTS

Recovery Speaker Series

June 30-Matt Bowles-Roth

July 28-Martin Kihn

August 25-Bill Greenwood

Recovery Month Twins Game

September 6, 7:10 pm

Target Field !

View full events calendar at

www.minnesotarecovery.org



JOIN US ON FACEBOOK



FOLLOW US ON TWITTER

MRC Advocates for Recovery Locally and Nationally!

MRC's Executive

Director, Nell Hurley, was in Washington, D.C. last week.

As a new board member of Faces & Voices of Recovery, Nell has the opportunity to connect Minnesota's recovery community to the larger national network of over 20,000 individuals and organizations joining together to speak out and support local, state, regional, and national recovery advocacy.

For more information about Faces & Voices of Recovery and how to get involved, please visit www.facesandvoicesofrecovery.org or contact Nell Hurley at nell@minnesotarecovery.org.



WHAT'S HAPPENING AT MRC (continued)

2011 SUMMER RECOVERY *Speaker Series*

Open to the entire recovery community, these *free* speaker events are presented by Minnesota Recovery Connection, Hazelden, and the Recovery Church.

MATT BOWLES-ROTH

My Recovery From Compulsive Gambling

Thursday, June 30, 7 p.m.

MARTIN KIHN

Bad Dog: (A Love Story)

Thursday, July 28, 7 p.m.

BILL GREENWOOD

Crooked Path: 12 Songs

Thursday, August 25, 7 p.m.

Other Updates and Events

Update on the Pending State Shutdown

The looming state shutdown is now just days away and while we are crossing our fingers that Gov. Mark Dayton and Republican legislative leaders can come to an agreement on the budget before Friday, we are also preparing for the impact of a state shutdown on our organization and our community.

Among the uncertainties around the shutdown—if it will happen, how long it will last, etc.—about the only thing we know for sure is that people's needs for recovery support won't disappear, even if the funding for it does. So, at least for now, **Minnesota Recovery Connection will remain open at full-capacity** even in the event that the government closes and our funding is delayed.



Runners for Recovery is a local running club for people in recovery. Founded in St. Paul, MN in January 2011, Runners for Recovery is a nonprofit organization that supports and encourages people in recovery from addiction to alcohol and other drugs through fellowship, promoting healthy lifestyles, bringing visibility to the recovery community, and offering financial assistance to people seeking recovery support.

ALL ARE WELCOME! There is no fee or pace requirement! Please join us, even if you are not an experienced runner!

For more information about Runners for Recovery, please find us on Facebook.

MRC Visits the White House!

Last Friday, MRC's Special Projects Manager, Julia Parnell, visited the White House to participate in the **Community Leaders Briefing Series**. This briefing series allows grassroots leaders to come to Washington to hear directly from White House officials on the issues that are affecting communities across the country and learn more about the President's priorities and initiatives from the people that work on them every day.

Julia attended the briefing on the Affordable Care Act (ACA) and learned about how changes to our health care system will impact the way people receive treatment and recovery support under the ACA. Julia also had a chance to talk to administrators about what is happening in our recovery community at the grassroots level in order to bring awareness of our successes and challenges to the White House.

VOLUNTEER SPOTLIGHT

Terry Engstrom finds no shortage of ways to "give back" to the recovery community through MRC's



Terry Engstrom

volunteer programs. Terry offers peer support through MRC's Telephone Recovery Support program, he participates in our advocacy program, and he's a member of MRC's Outreach Committee.

"Through MRC's outreach activities I have been provided the opportunity to learn, be active and represent myself, MRC and the recovery community in the legislative process, community groups and functions. Because I have so enjoyed my volunteer experience at MRC I have made it a point to schedule at least 3-6 hours per week. I enjoy the contact that I have with other volunteers and participants."

SUPPORT OUR WORK

Ways to Give

There are many ways to support the work of MRC. Become a volunteer, make a financial donation, share your ideas with us, or help us build our list of recovery resources by sending us the names of organizations and services in Minnesota that support individuals, families, and communities seeking recovery.

Yours in Service,

Nell Hurley
Executive Director
Minnesota Recovery Connection
nell@minnesotarecovery.org
651-233-2080, ext. 20