

## Minnesota Recovery Connection

### **POLICY AND PROCEDURE FOR SUPPORTING ALL PATHWAYS OF RECOVERY**

Date approved by Board of Directors: 11/4/2025 7:20pm

#### **POLICY**

It is the policy of Minnesota Recovery Connection to honor and support all pathways of recovery. Minnesota Recovery Connection recognizes that there are many paths of recovery and that each individual is unique in their recovery journey. People will choose their recovery pathway(s) based on cultural values, socio-economic status, psychological and behavioral needs, the nature of their substance use disorder, and other factors. Minnesota Recovery Connection is committed to helping people seeking or sustaining recovery, no matter how recovery is defined, practiced, or envisioned by the individuals in the community we serve.

Minnesota Recovery Connection will never exclude someone from its programs or services because of a person's chosen pathway, including harm reduction. If Minnesota Recovery Connection is unable to provide the requested recovery support services, it will make every effort to refer the participant to other RCOs, programs, or providers with services better aligned with the participant's needs.

#### **REFERRAL PROCEDURE**

##### Identification of Need

When a participant requires services not available through MRC, the Peer Recovery Specialist (PRS) will assess the participant's needs and determine appropriate external supports.

##### Resource Identification

The PRS will utilize MRC's approved list of community partners, statewide recovery organizations, and service directories to identify suitable providers.

##### Participant Consent

Prior to sharing any participant information, a Release of Information (ROI) form must be completed and signed by the participant, specifying what information may be shared and with which organization.

##### Referral Submission

The PRS will contact the external provider to confirm service availability and referral procedures, then submit the referral in accordance with the receiving agency's requirements. Participants will be provided with all relevant contact and follow-up information.

##### Documentation and Follow-Up

All referrals will be documented in the participant record, including the date, agency name, and confirmation of ROI completion. The PRS will follow up with the participant to confirm connection and address any barriers to engagement.